



The LOOK as a Treatment Tool

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Breckenridge, CO



Presenters



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Notice



- ▶ Gary Reser, Susan Morris, and Specialized Offender Services have not received any payment, fee, or other compensation for the data, information, and opinions presented today.
- ▶ Specialized Offender Services purchased the ABEL, Affinity, and the LOOK at full price.



Overview of Presentation

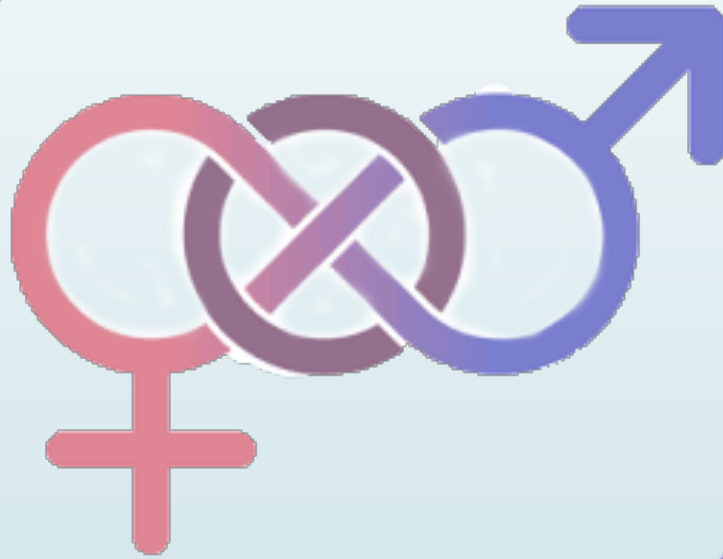


- ▶ What is Sexual Interest and why do we care
- ▶ How is Sexual Interest assessed?
- ▶ Commonly used Sexual Interest Instruments
- ▶ Terminology
- ▶ Example Cases
- ▶ Treatment Suggestions
- ▶ Current Research Study

What is Sexual Interest?

Non-Deviant

Deviant



Expected

Problematic

Risk Provoking

Appropriate

Is Sexual Interest as Simple as This?

Non-Deviant



Deviant



Why Do We Care: SOMB

- ▶ For starters, SOMB:
 - ▶ 3.160 (I) (4) “Decrease and/or manage offenders’ deviant sexual urges and recurrent deviant fantasies;”
 - ▶ 3.160 (I) (7) “Identify and treat the offenders’ thoughts, emotions, and behaviors that facilitate sexual re-offenses or other victimizing or assaultive behaviors;”
 - ▶ 3.160 (M) An offender can be moved to maintenance phase...
“Produced an objective sexual arousal or interest measure demonstrating management of deviance;”



Why Do We Care: Clients

- ▶ Help Client to increase awareness of sexual interest
 - ▶ Client may not be fully conscious of sexual interest
 - ▶ ID problematic sexual interest
 - ▶ Sex Interest is trait-like, on a continuum
- ▶ Client may fear having a “perverted” sexual interest
 - ▶ Most have normal / appropriate sexual interest profiles
- ▶ Inform Treatment
 - ▶ That is the reason for this presentation!
- ▶ Risk, part of a Psychosexual Evaluation
 - ▶ Is sexual interest related with risk to offend/ reoffend?



How is Sexual Interest Determined

- ▶ Sexual interest vs. sexual arousal
- ▶ Past sexual behavior
- ▶ Victim features is an indicator
- ▶ Self report
- ▶ Assessed
 - ▶ Penile plethysmograph (arousal)
 - ▶ Viewing Time (interest)



Viewing Time

- ▶ There is a relationship between a person's interest in something and how long that item is viewed.





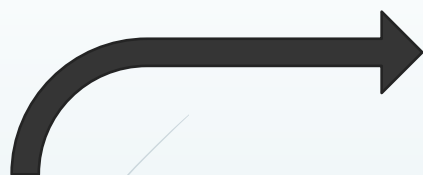
Sexual Interest via Rating

- ▶ Allow a person to rate the images on a scale
 - ▶ Will a person be honest in their ratings?
 - ▶ Do people actually know what they find interesting? What a concept.
- ▶ Several options for rating
 - ▶ Each of the viewing time instruments have rating scales
 - ▶ Card Sorts



Sexual Interest via Viewing Time

- ▶ View a series of images of people
- ▶ Instruct to think about being sexual with the person in image
 - ▶ Some clients lose focus during the test – non-sexual thoughts arise
- ▶ Measure how long each image is viewed



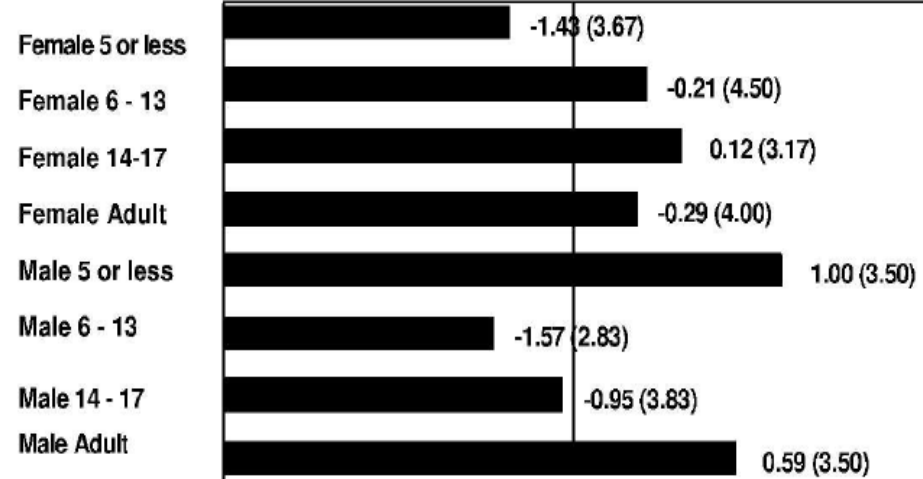


Abel Screening for Sexual Interest

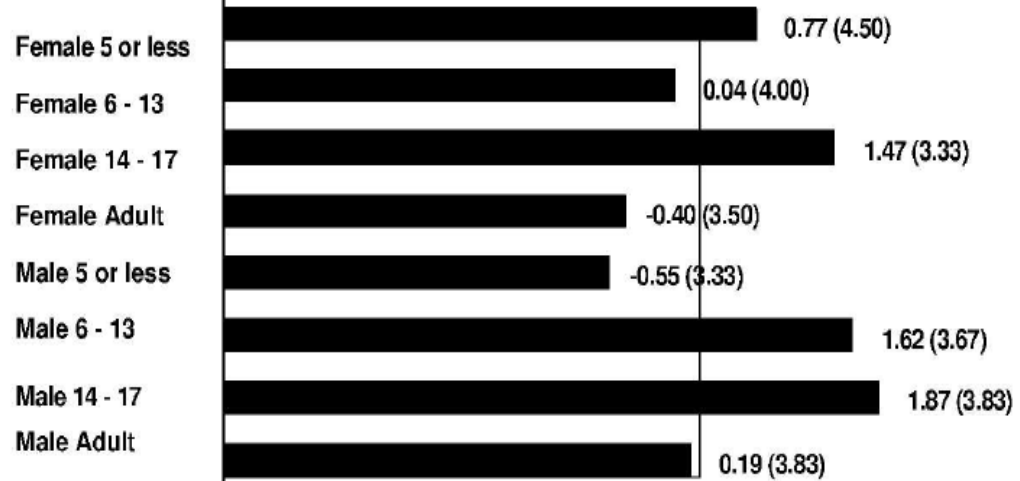
- ▶ Dr. Gene Abel developed first test for sexual interest in 1990s
 - ▶ Ingenious idea, proved it measured sexual interest
 - ▶ Caught on like wildfire – is the most used test in the world
 - ▶ Data analysis is proprietary

Abel Output Profile

Caucasian (white)



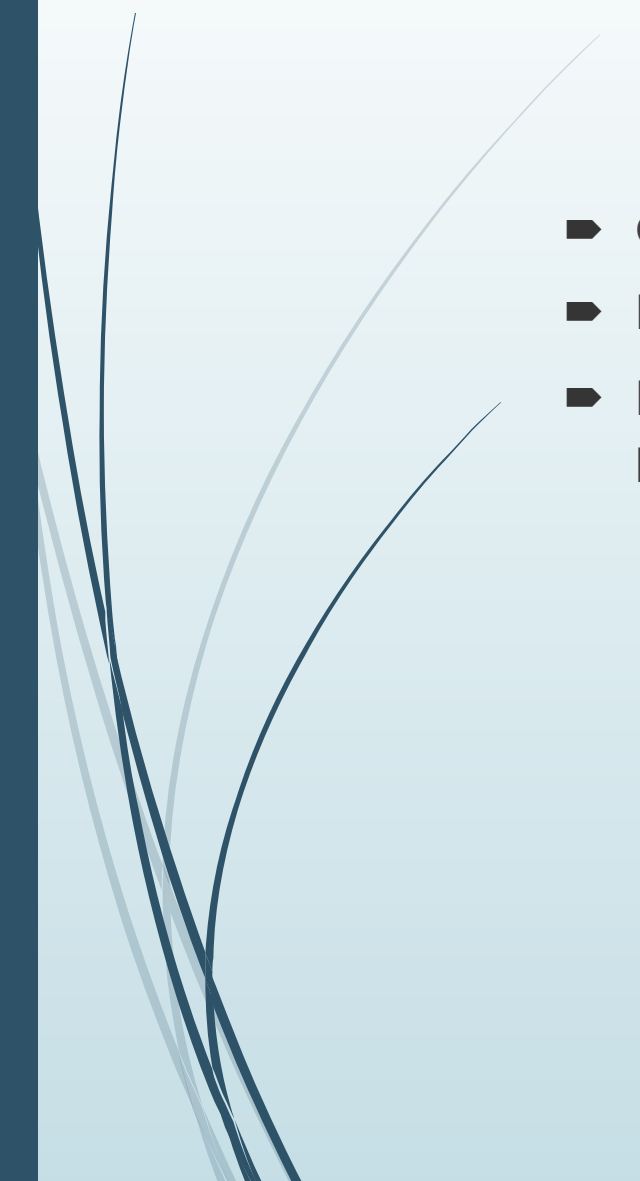
African-American (Black / African)



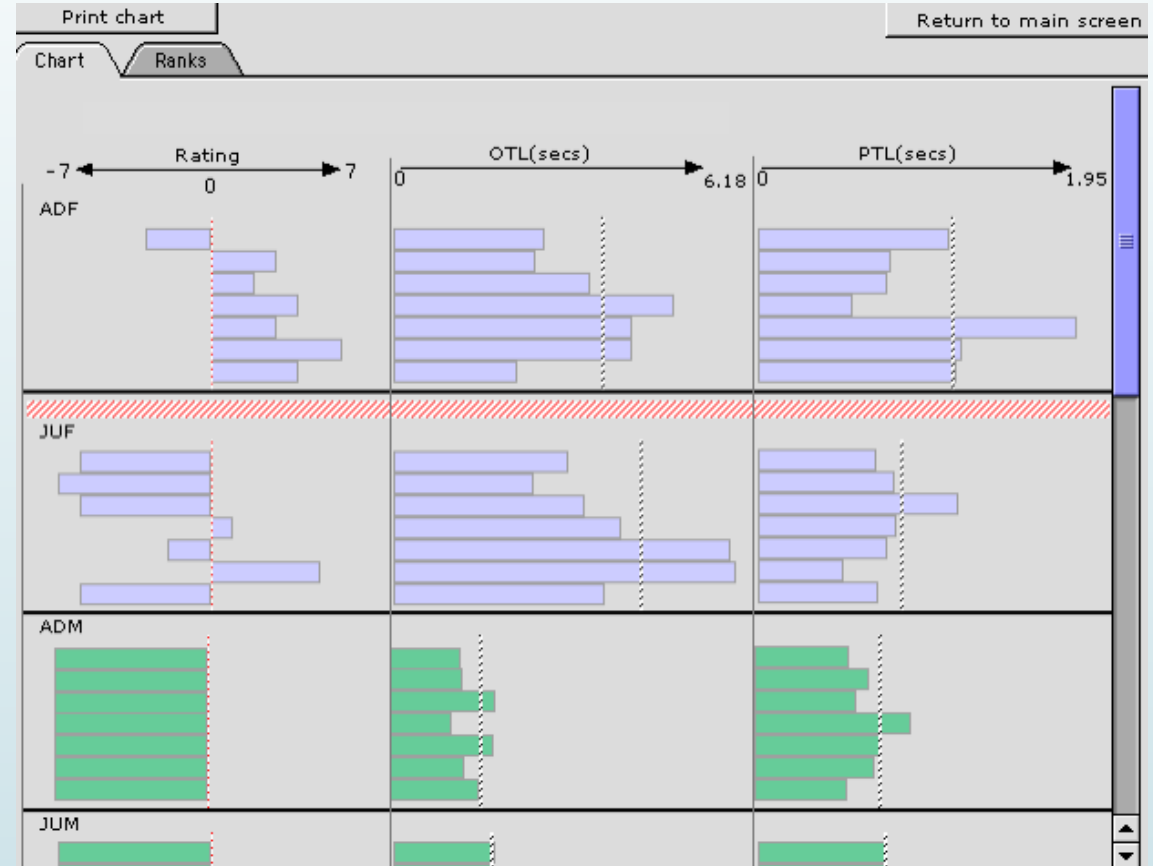
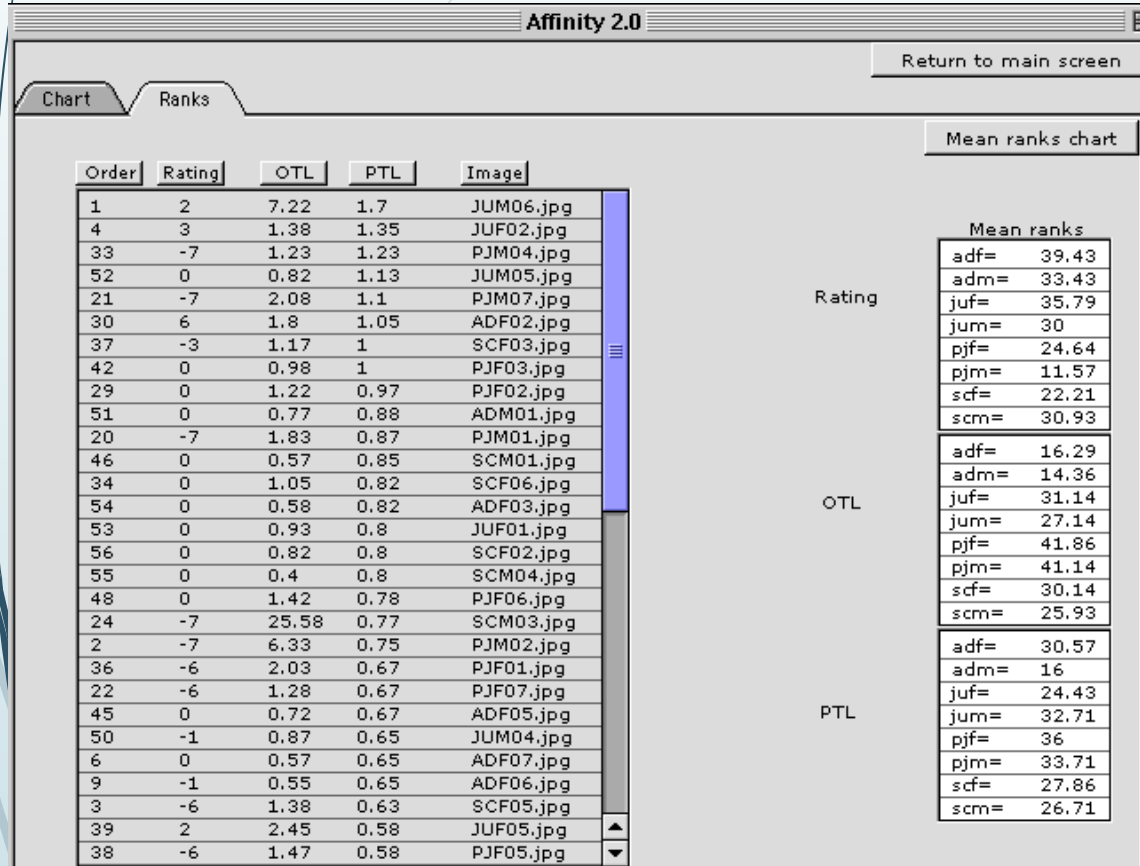
AASI-3 Graph



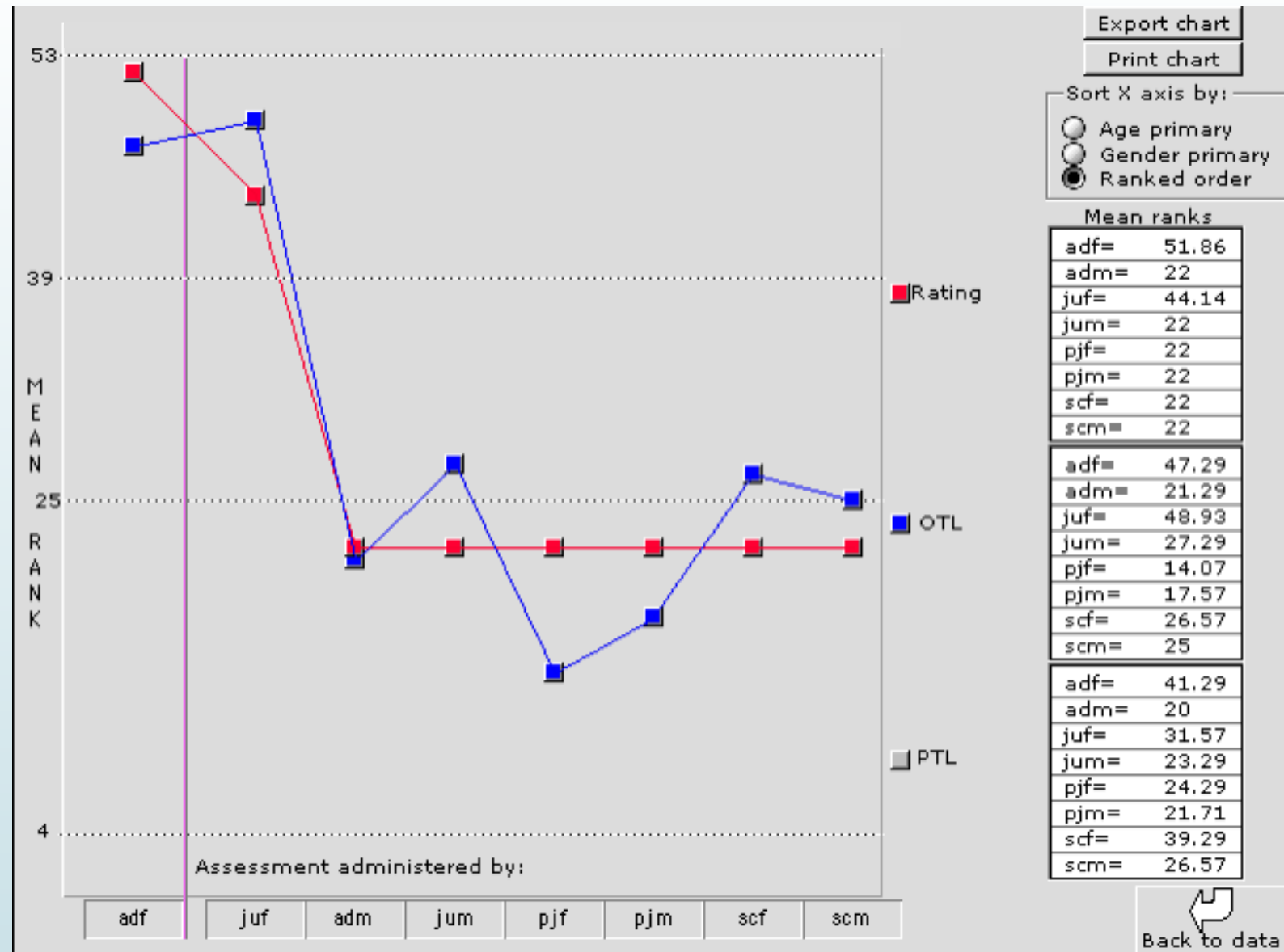
Affinity Measure of Sexual Interest

- ▶ Concept initiated by Dr. David Glasgow in 1992
 - ▶ Developed a computerized tool in 2003
 - ▶ Promoted initially as a sexual interest tool for intellectually impaired population
- 

Raw Data from Affinity



Affinity Output Profile



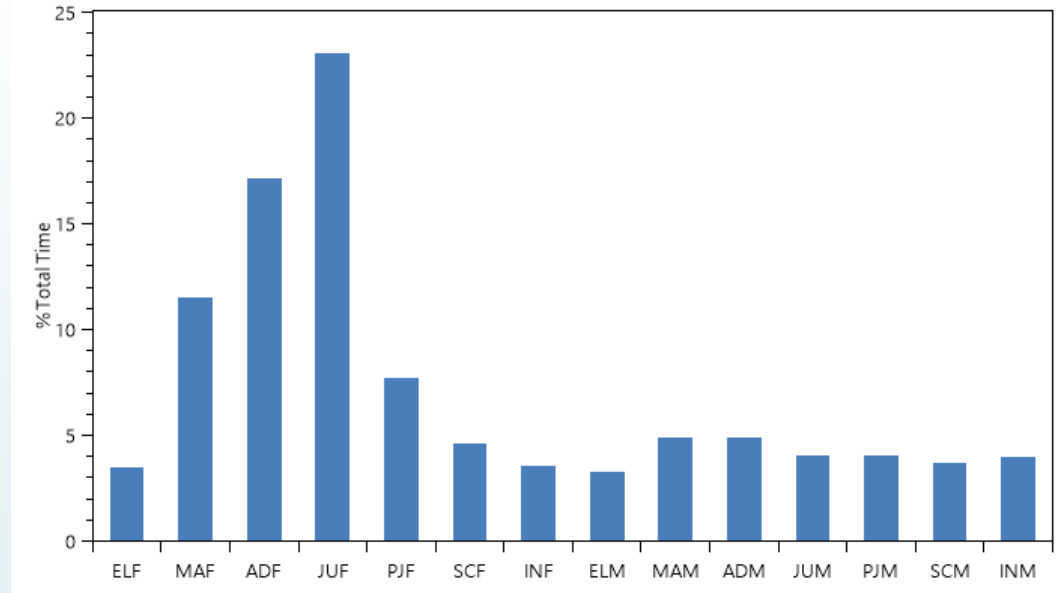


The LOOK

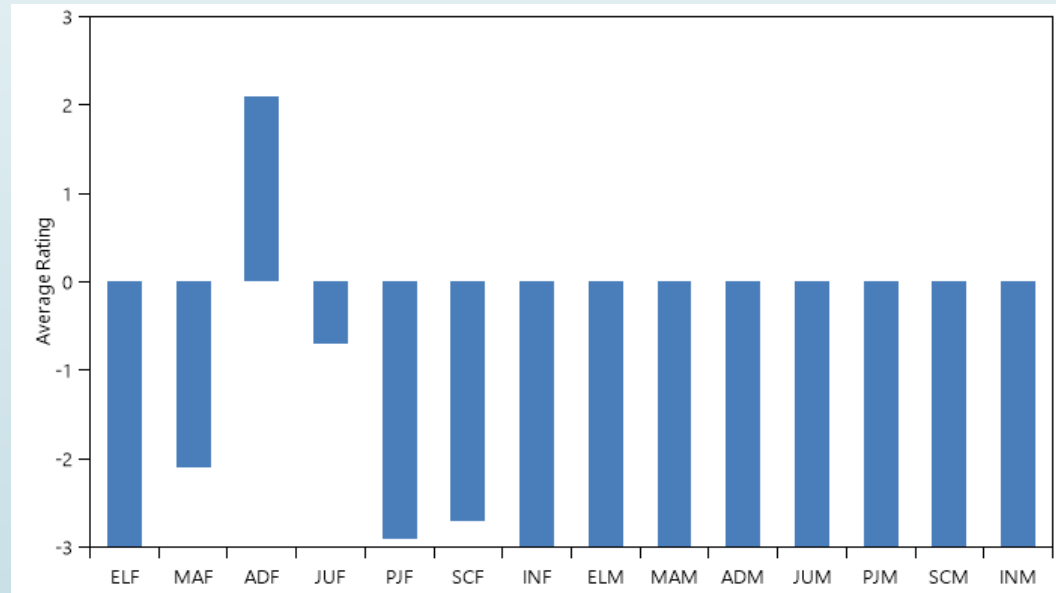
- ▶ Developed by Dr. Lane Fischer, Sierra Baird, MA, and Merve Davies, MA in 2015.
- ▶ Wanted to develop a norm referencing with Affinity
- ▶ Searched for a method, developed the LOOK
- ▶ iOS app, designed for an iPad
- ▶ Wanted to address issues they identified with Abel and Affinity

LOOK Output Profile

Percentage of Total Time



Average Ratings





Ipsative Testing

- ▶ All these instruments suffer from the same problem: Ipsative testing
- ▶ Despite efforts by the developers:
 - ▶ No norms
 - ▶ An experiment on one client: each test stands alone
 - ▶ No clinically validated cut-off scores: can't have cut scores
- ▶ What does this mean to use as Clinicians?
 - ▶ Raw data cannot be compared against another person
 - ▶ Raw data cannot be compared against another test by the same person!!!



Terminology



- ▶ Not using the terms: deviant or non-deviant
 - ▶ Implies a threshold level
 - ▶ What does “deviant” really mean these days?
 - ▶ Clients feel judged, shamed
- ▶ Sexual interest profiles are spoken in terms of:
 - ▶ Expected / Appropriate sexual interest
 - ▶ Sexual interest that we don't view as contributing to sex offense
 - ▶ Problematic sexual interest
 - ▶ Sexual interest the client needs to be aware of and address
 - ▶ Risk-provoking sexual interest
 - ▶ Sexual interest potential of contributing to a sex offense



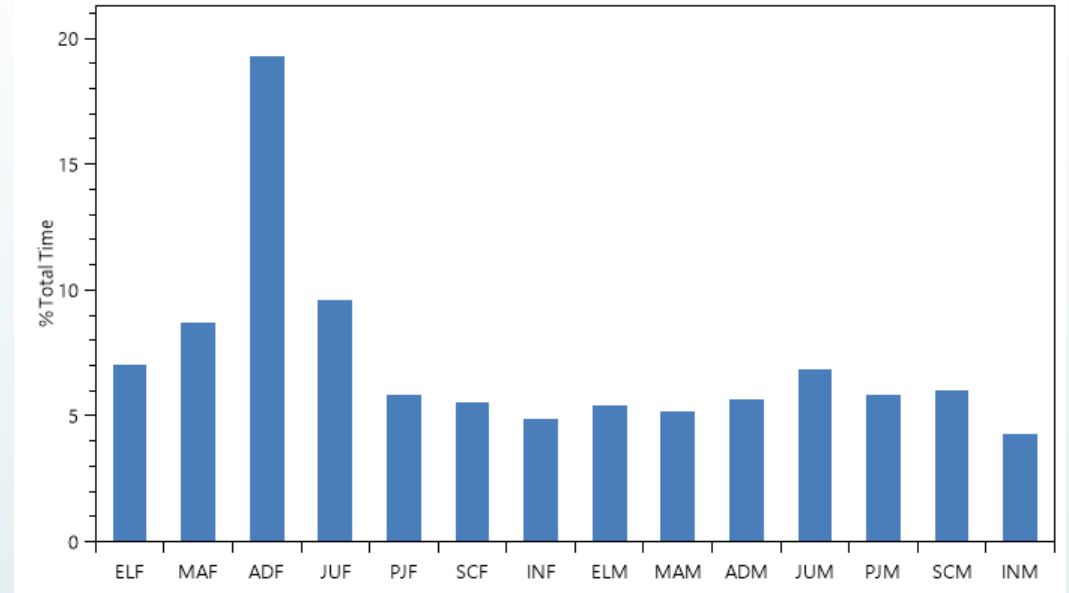
Using Viewing Time Tools for Treatment

- ▶ As a therapist, what questions do you have about your client's sexual interest?
- ▶ Does Client's Sexual Interest contribute to risk to reoffend?
- ▶ Is Client aware of his/her sexual interest?
- ▶ Does client incorporate safety protocols?
- ▶ Is client working to shift/ cope?
- ▶ Is client trying to hide problematic sexual interest?

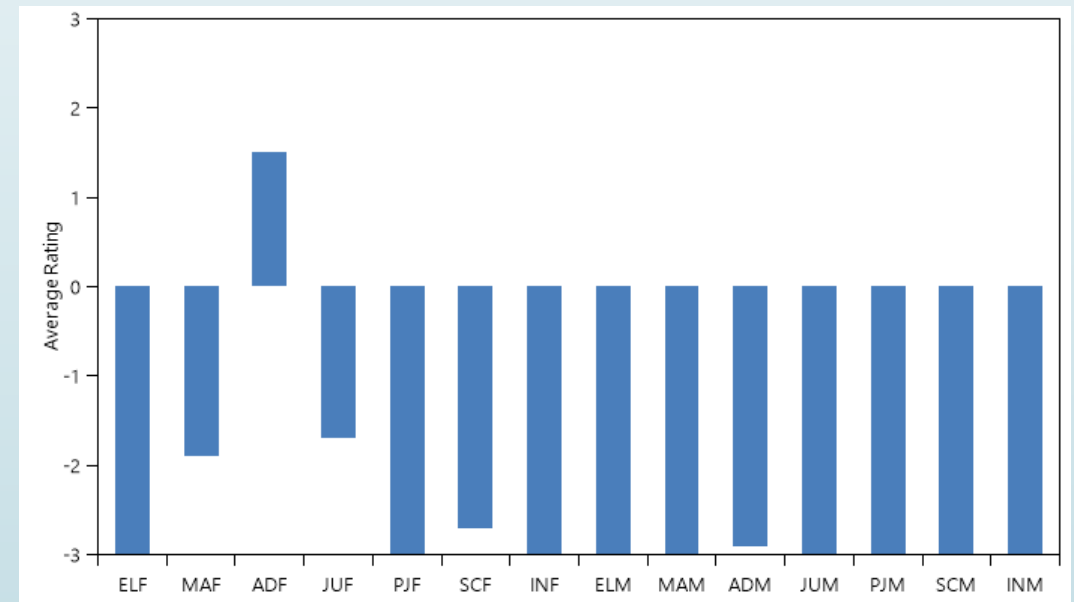
Expected/Typical Profile: Heterosexual

44 year old man
Contact Offense: 15 year old female victim
In treatment 2 years 4 months: Phase 2

Percentage of Total Time



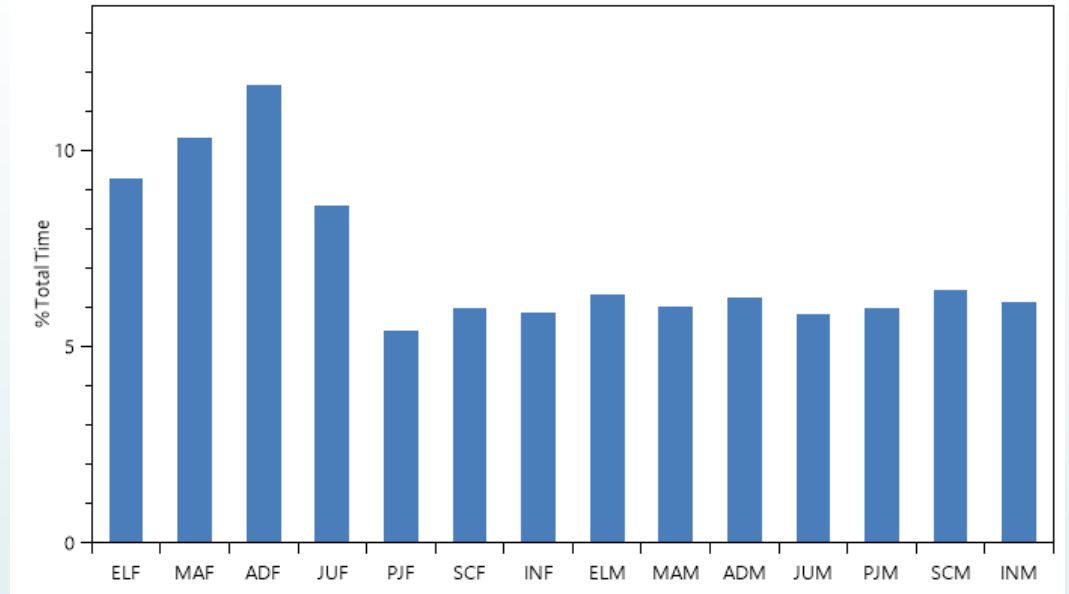
Average Ratings



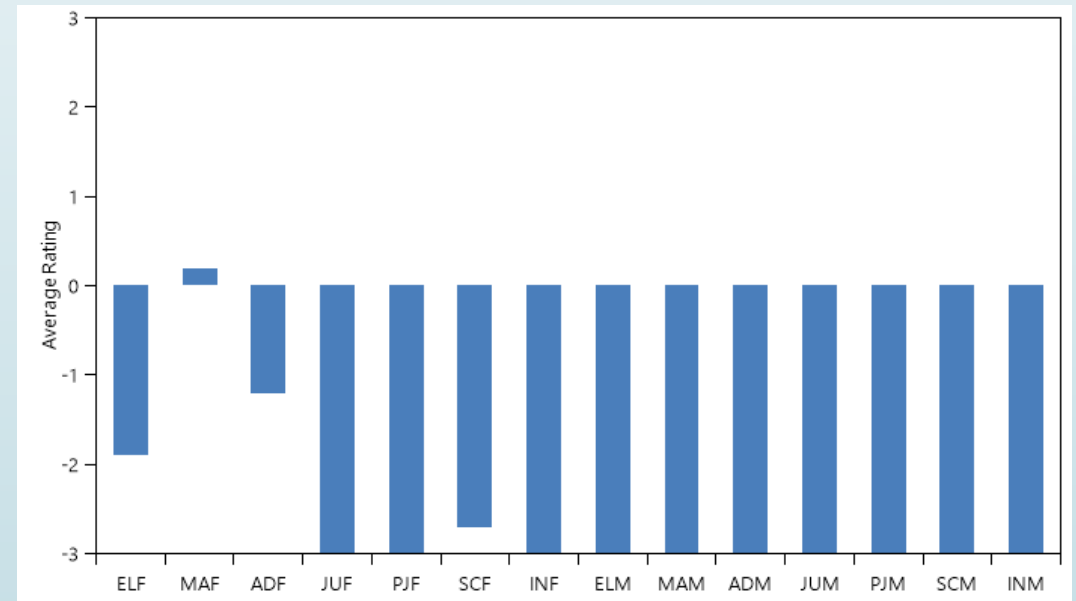
Expected/Typical Profile: Heterosexual

77 year old man
Internet Chat: 14 year old female victim
In treatment 9 months: Phase 1

Percentage of Total Time



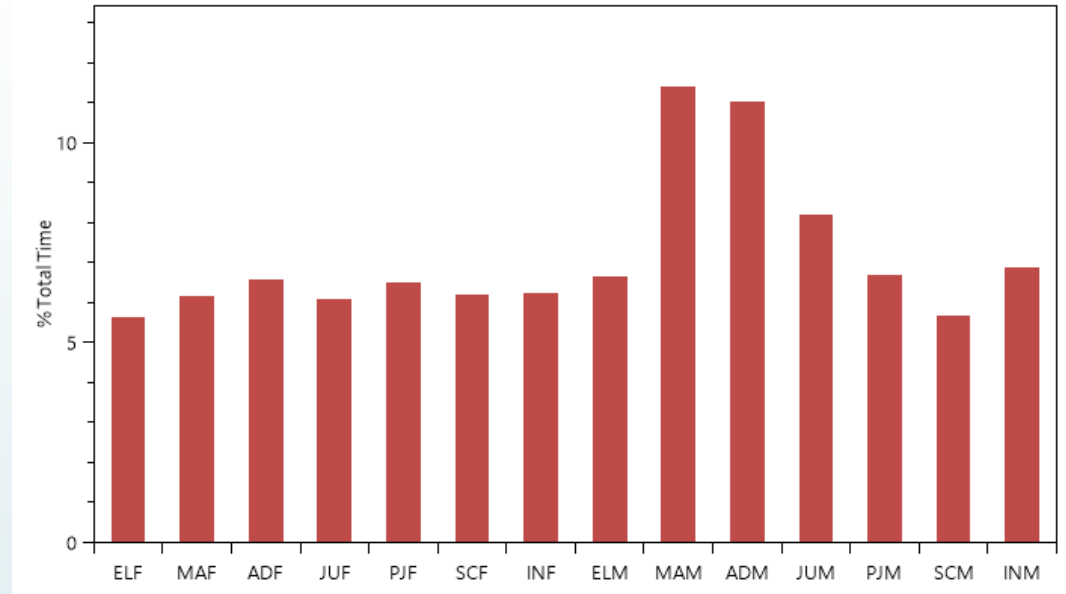
Average Ratings



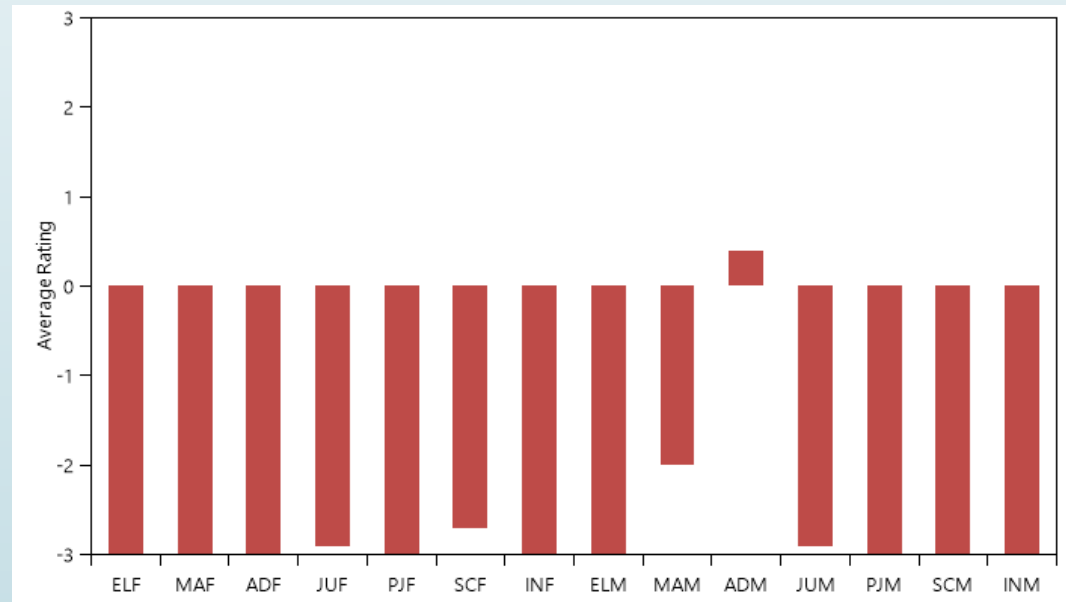
Expected/Typical Profile: Heterosexual

47 year old female
Contact Offense: 14 year old male victim
In treatment 2 years, 8 months: Maintenance

Percentage of Total Time



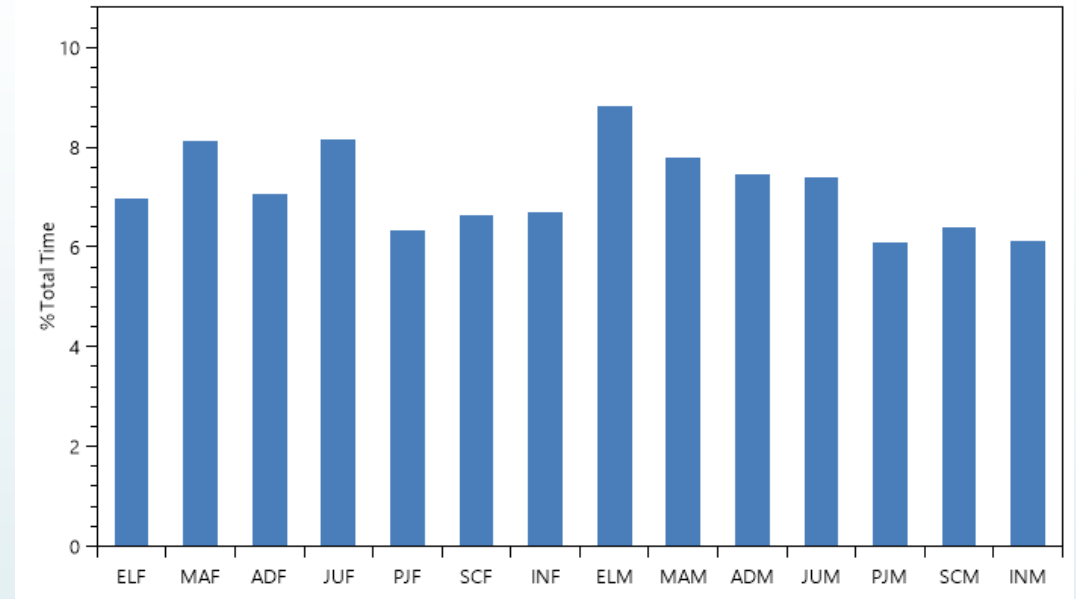
Average Ratings



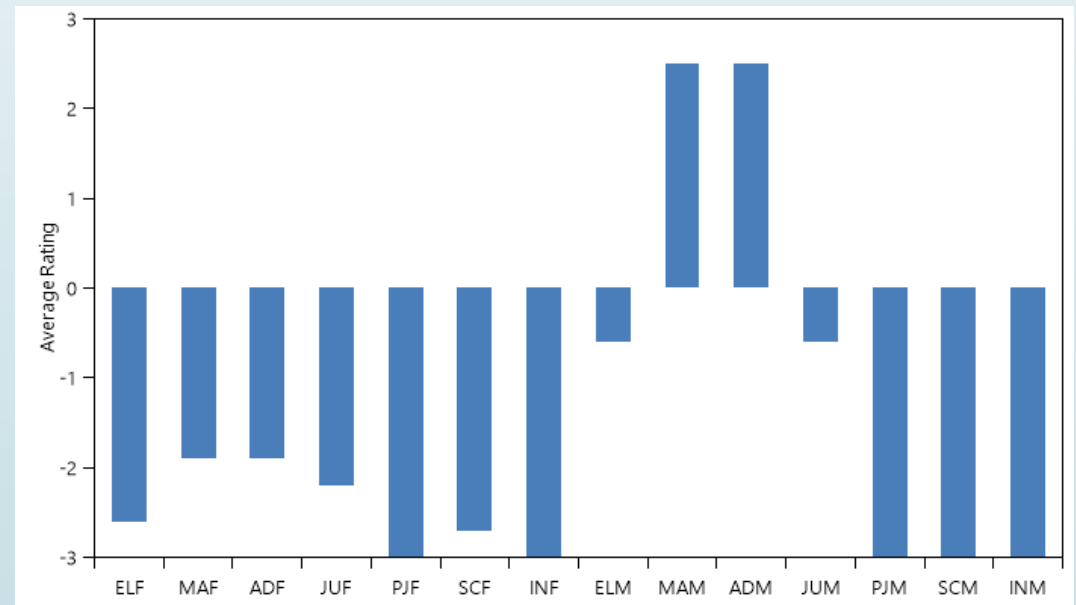
Expected/Typical Profile : Homosexual

53 year old man
Internet Chat: 14 year old male victim
In treatment 5 years, 6 months: Maintenance

Percentage of Total Time



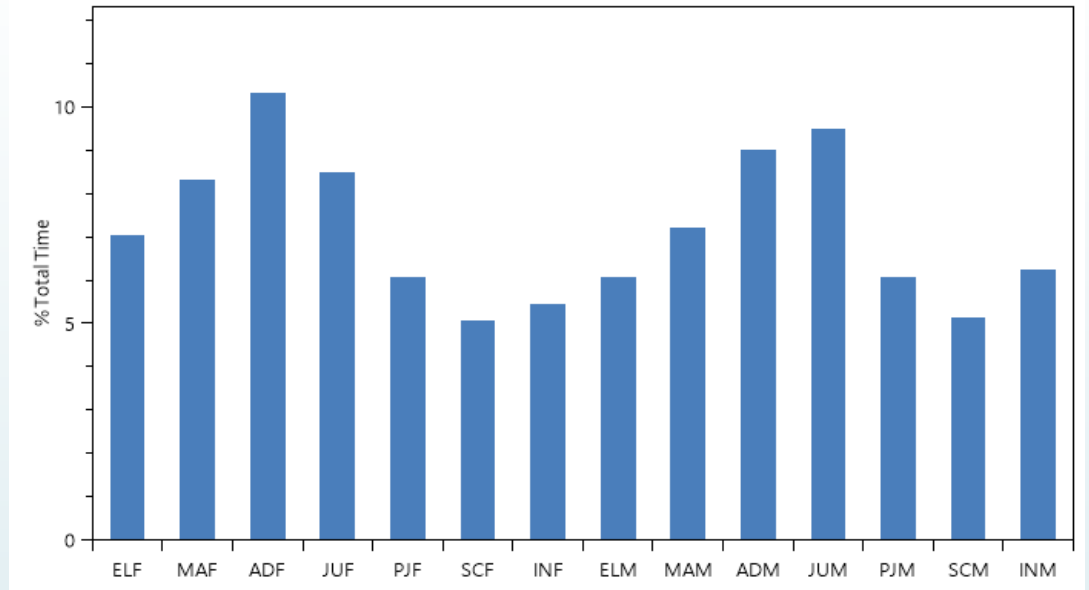
Average Ratings



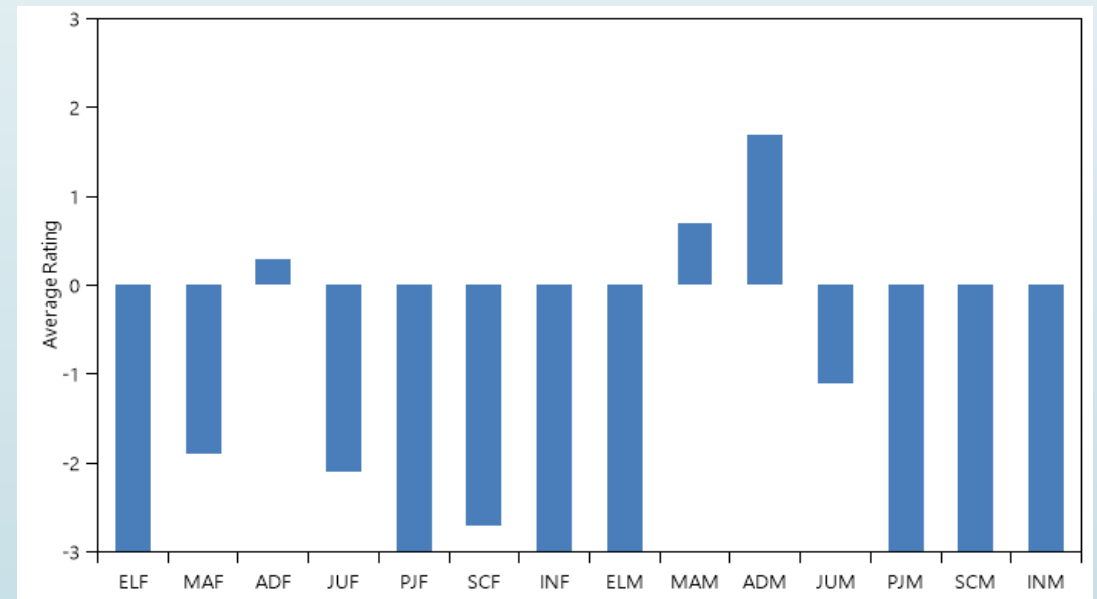
Expected / Typical Profile: Bisexual

42 year old man
Internet Chat: 14 year old girl
In treatment 10 months: Phase 1

Percentage of Total Time



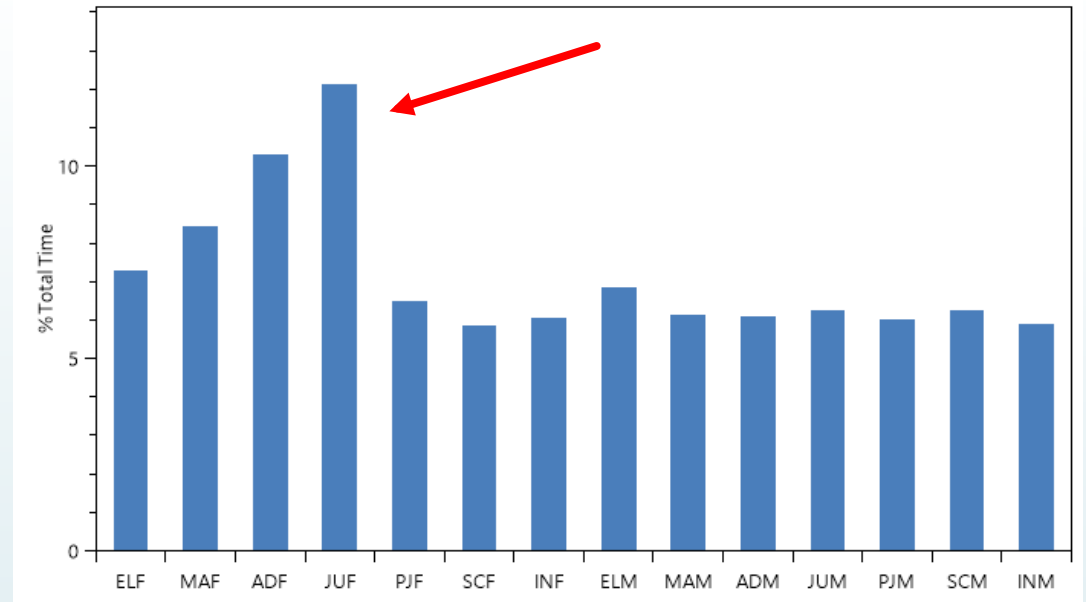
Average Ratings



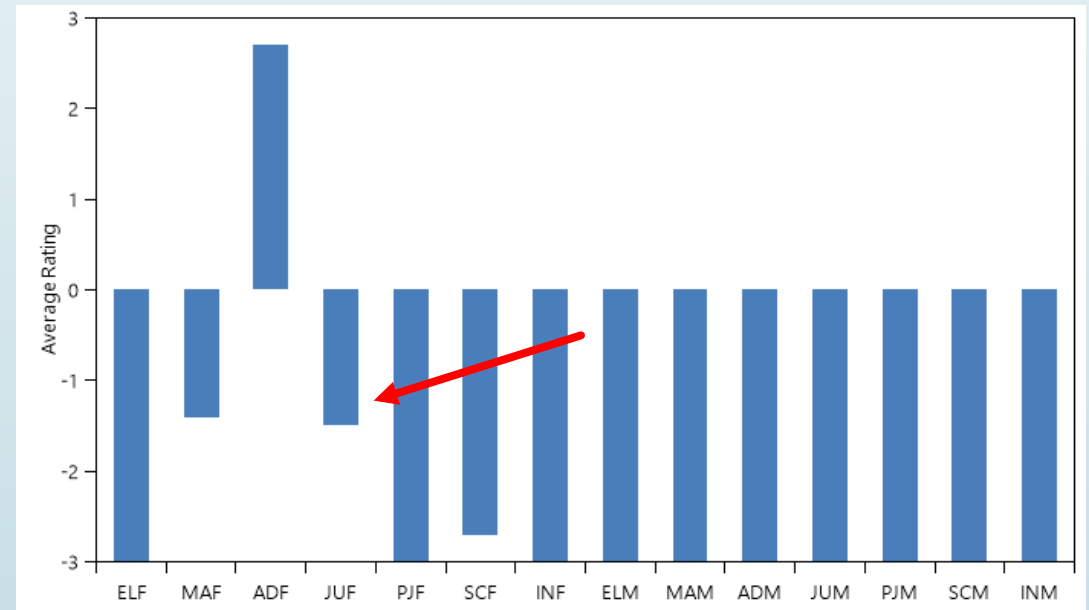
Problematic: Incongruent Rating

46 year old man
Sexual assault child: 12 year old daughter
In treatment 6 years, 3 months:
Maintenance

Percentage of Total Time



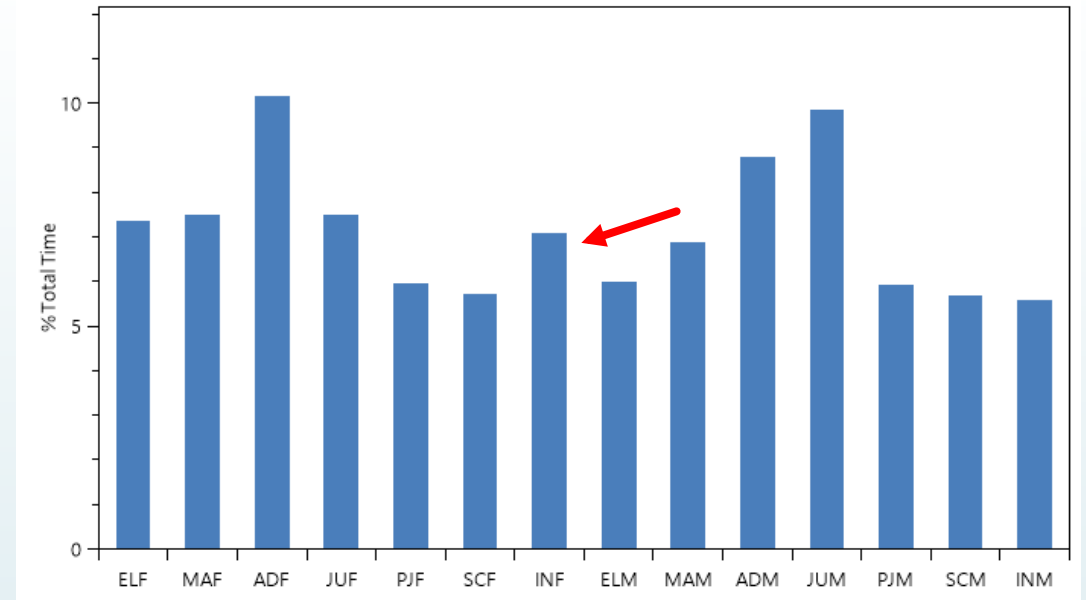
Average Ratings



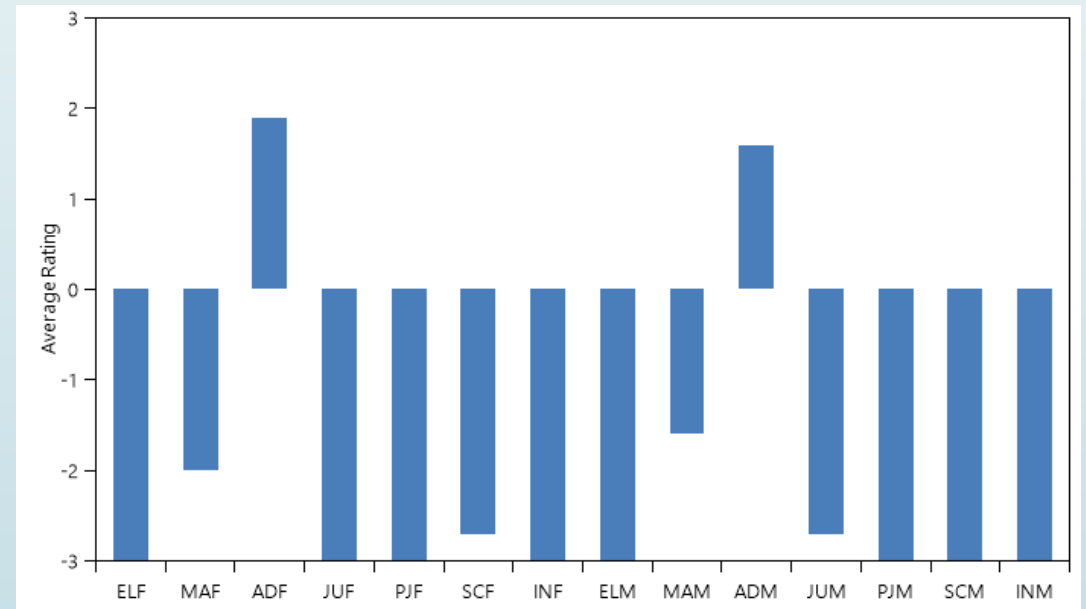
Problematic Profile: Bisexual

55 year old man
Sexual Assault: Adult Female
Exposing
Child Porn: girls and boys
In treatment 2 years, 4 months:
Phase 2

Percentage of Total Time



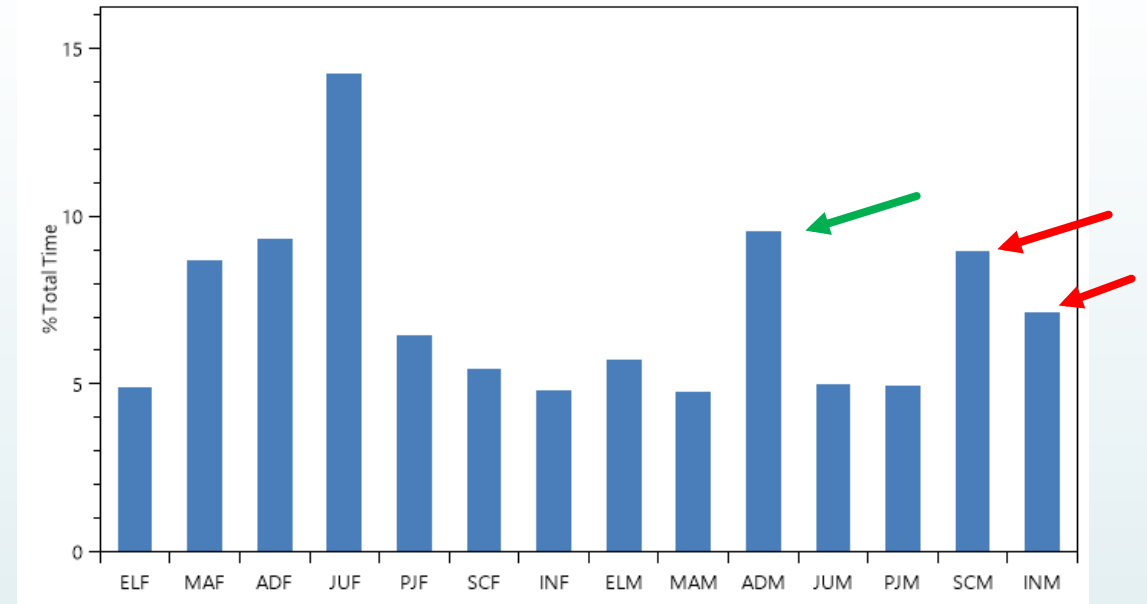
Average Ratings



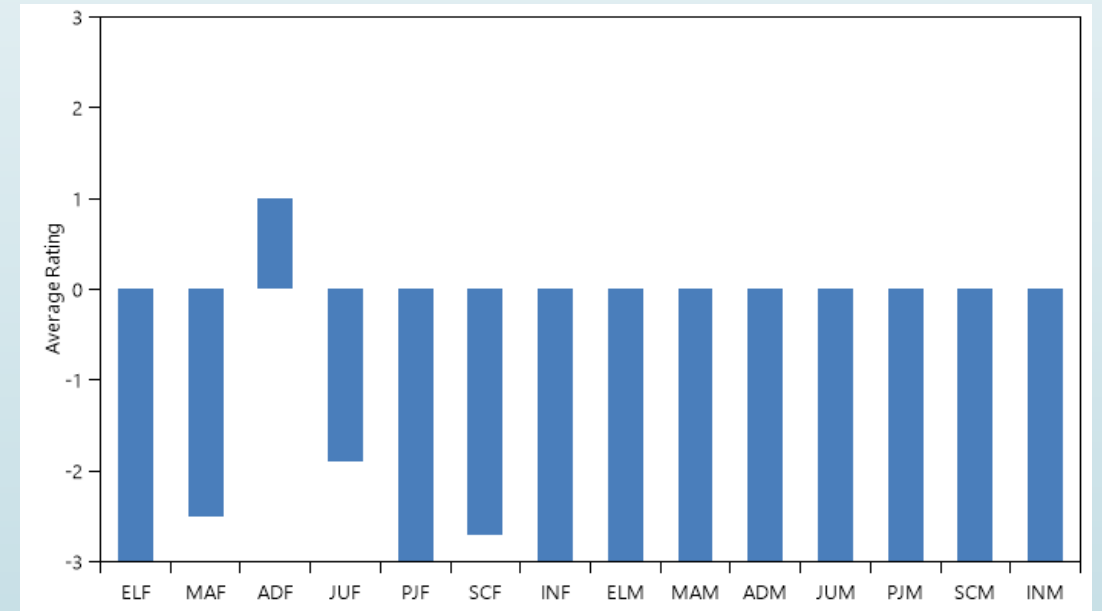
Problematic Profile: Heterosexual

32 year old man
Sexual Assault: 15 y/o girl
In treatment 1 years, 4 months:
Phase 1

Percentage of Total Time



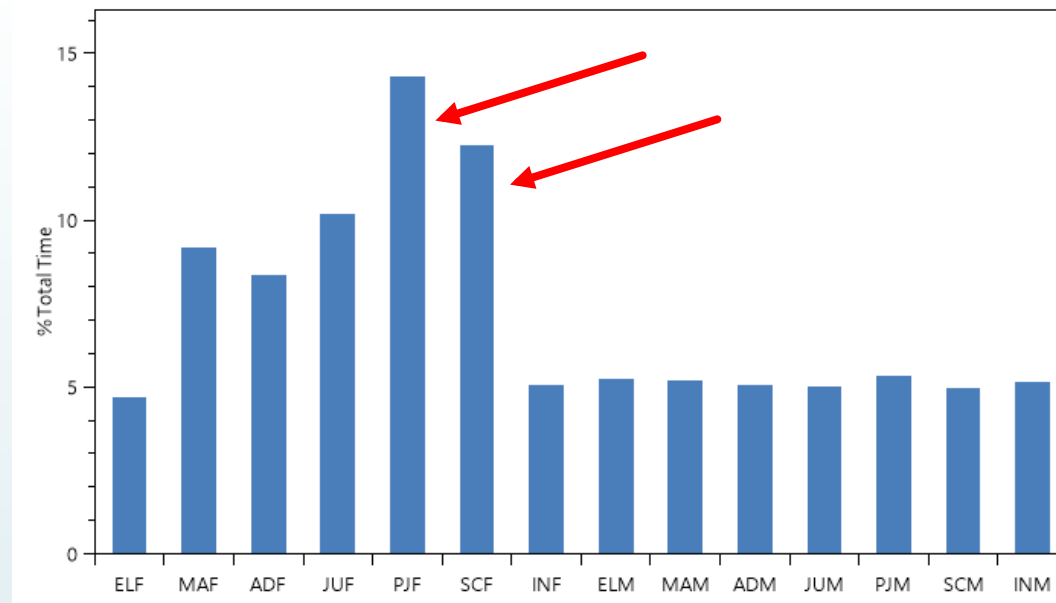
Average Ratings



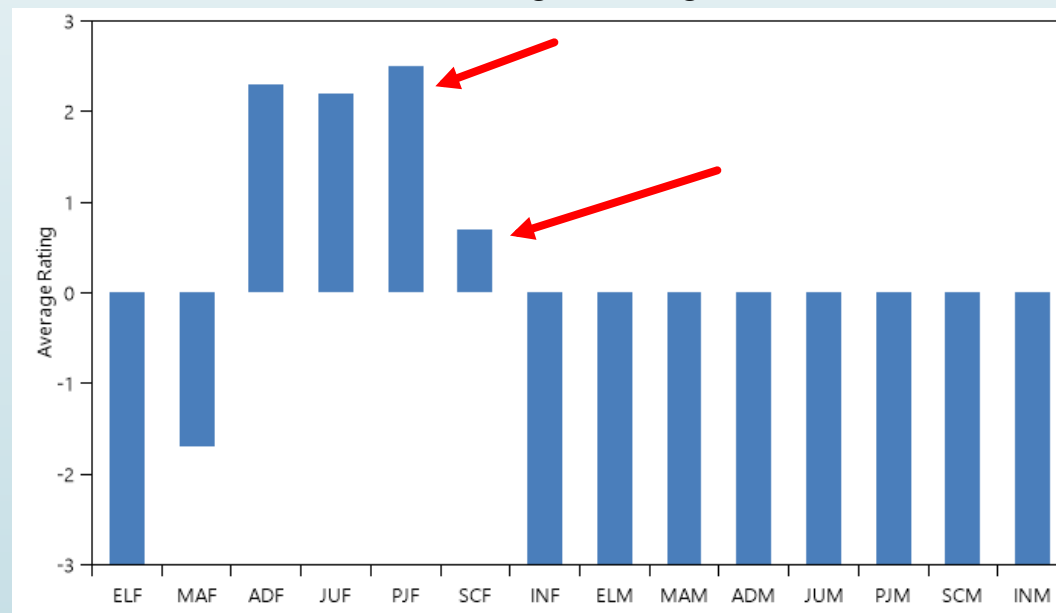
Risk: Elevated Underage, non-exclusive

58 year old man
Child Porn
In treatment 1 year, 9 months:
Phase 1

Percentage of Total Time



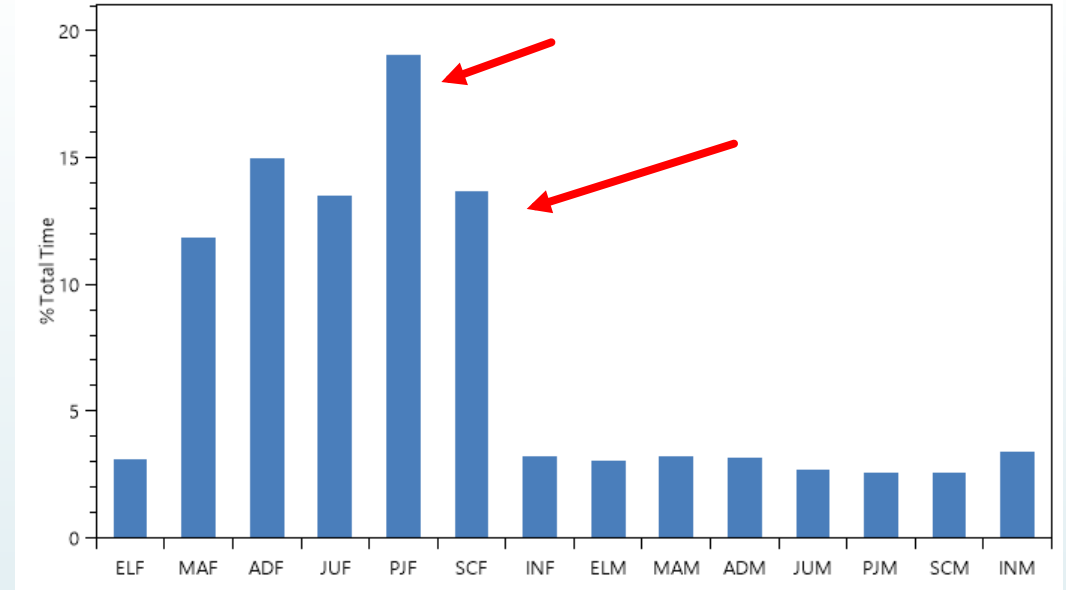
Average Ratings



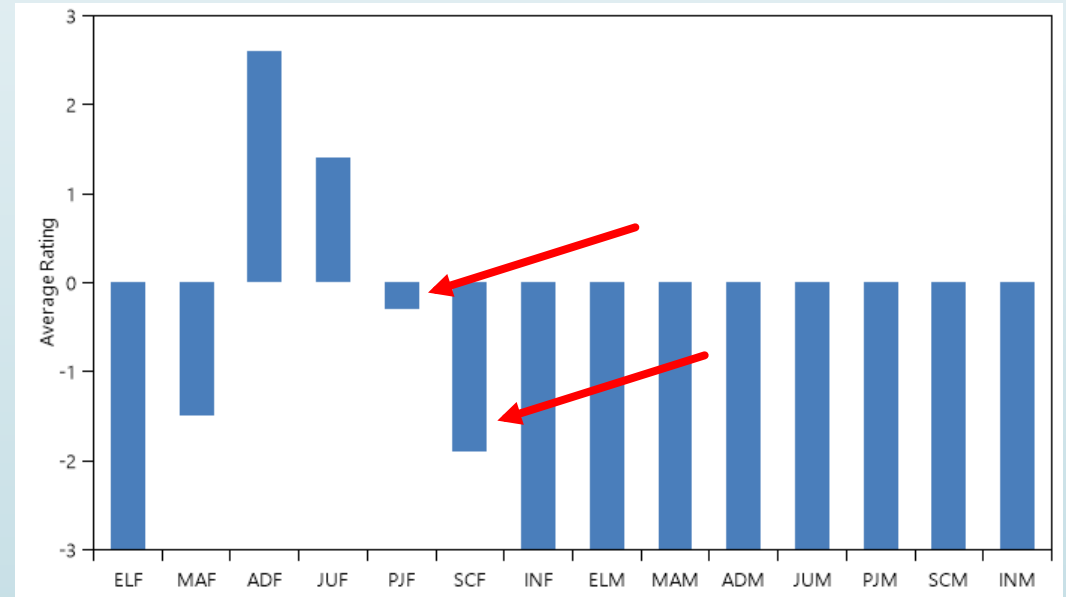
Risk: Elevated Underage, non-exclusive

48 year old man
Sexual Assault Adult Female
Sexual Assault: 9 to 14 y/o girls
In treatment 1 year, 7 months:
Phase 1

Percentage of Total Time



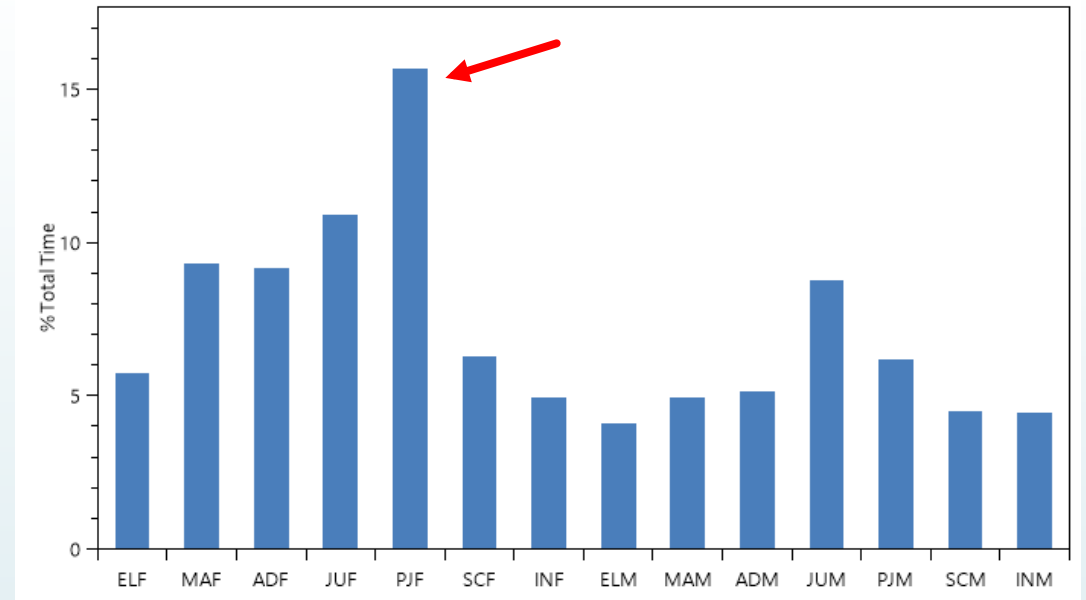
Average Ratings



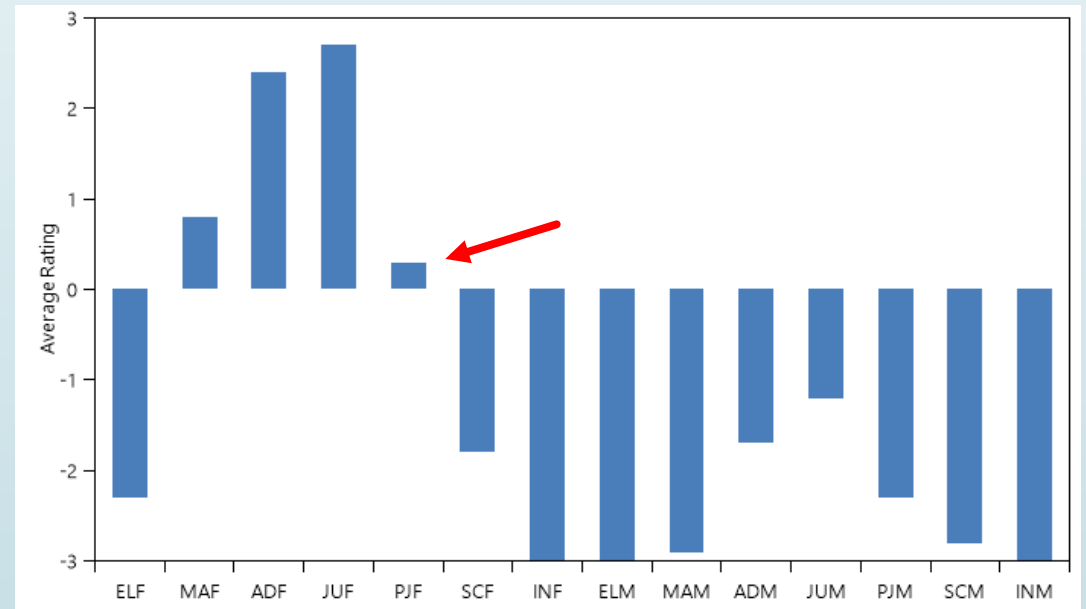
Risk: Elevated Underage, exclusive

63 year old man
Sexual Assault 9 and 12 y/o girl
In treatment 7 years, 5 months
(transfer from another agency):
Maintenance

Percentage of Total Time



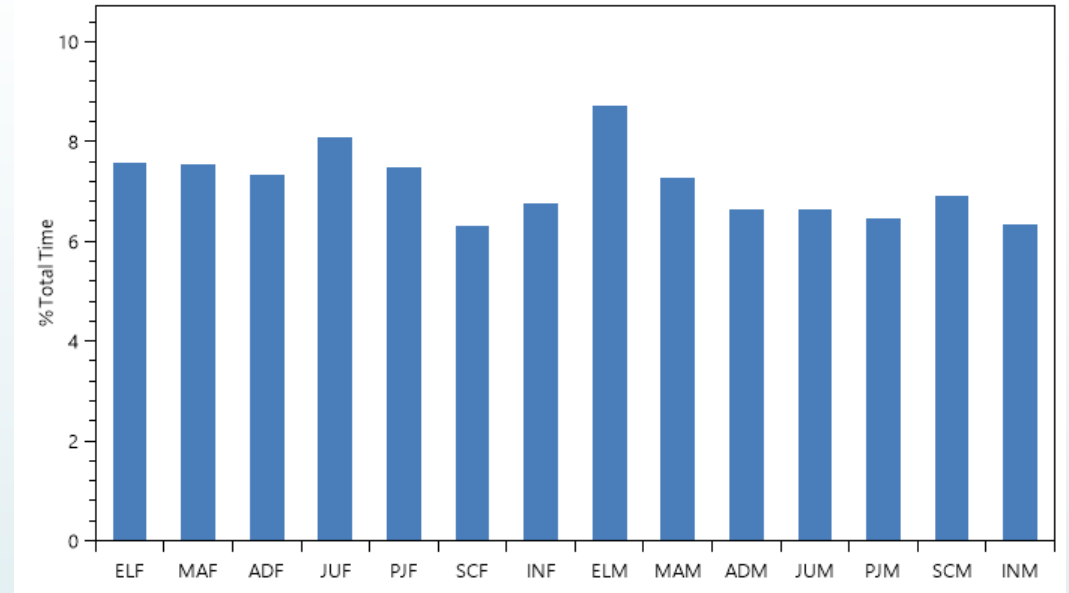
Average Ratings



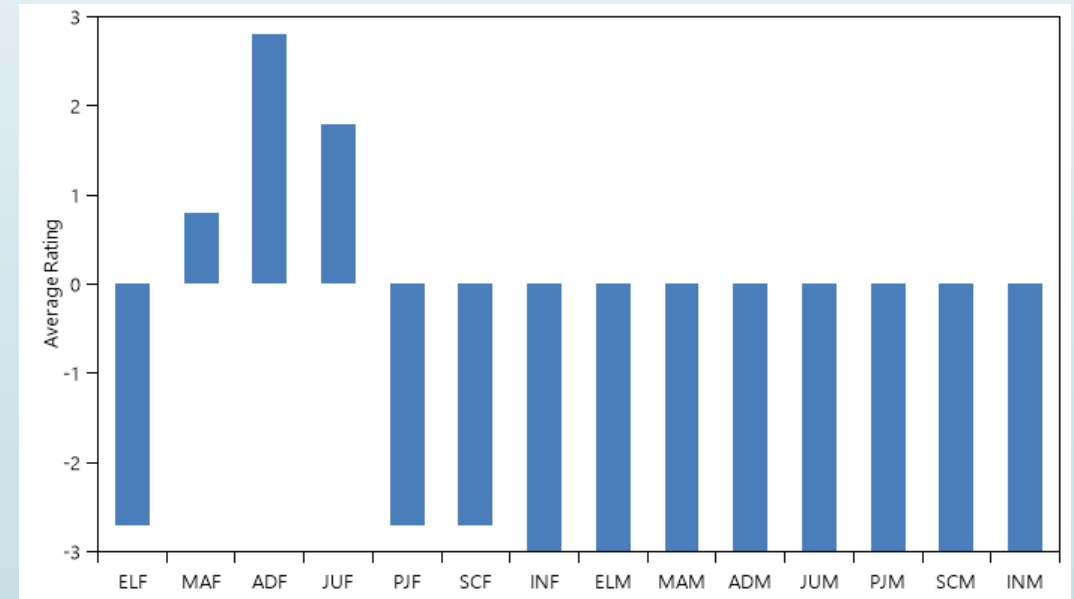
Flat Profile

32 year old man
Sexual Assault: 14 y/o girl
In treatment 1 year, 9 months:
Phase 1

Percentage of Total Time



Average Ratings

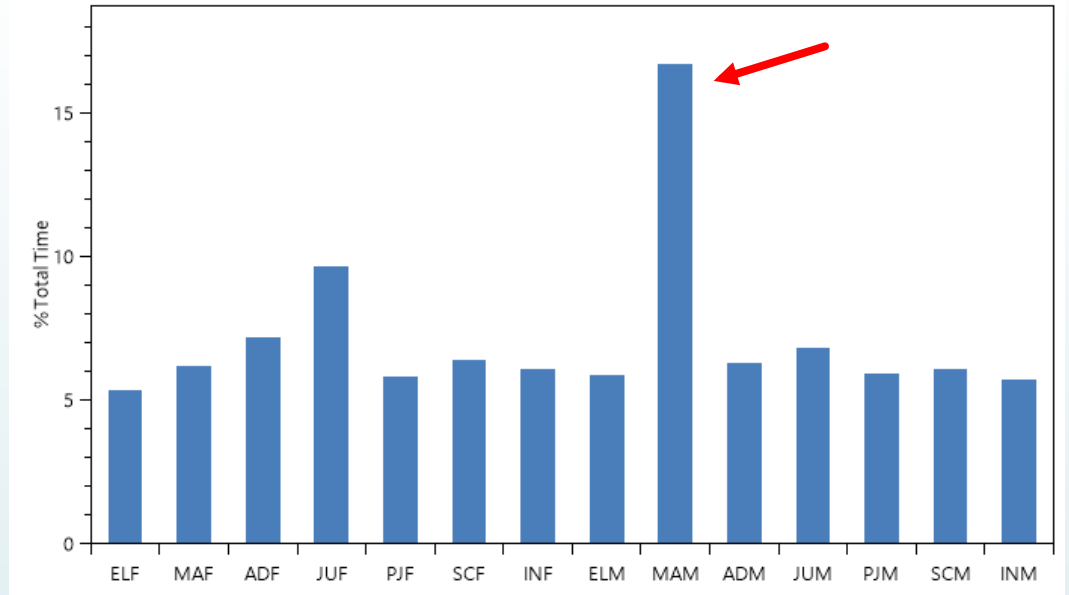


Outlier Profile

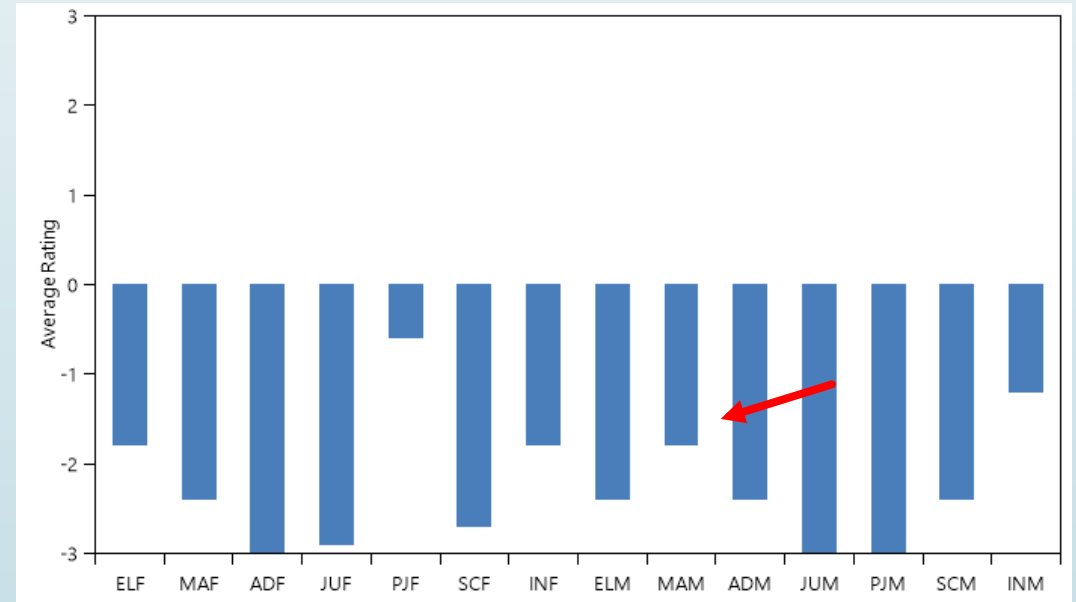
33 year old man
 Sexual Assault: 14 y/o girl
 In treatment 1 year, 9 months:
 Phase 1

ELF	MAF	ADF	JUF	PJF	SCF	INF	ELM	MAM	ADM	JUM	PJM	SCM	INM
1.26	1.64	1.57	1.67	1.67	1.34	2.26	1.52	1.3	1.67	1.52	1.55	2.26	1.5
1.24	1.32	1.84	1.63	1.54	1.86	1.7	1.63	1.45	1.72	2.13	2.05	1.54	1.6
1.6	1.84	1.89	2.08	1.41	1.79	1.62	1.36	1.4	1.53	1.76	1.37	2.26	1.86
1.64	2.33	1.72	2.42	1.44	1.79	2.03	2.71	1.89	1.55	3.71	1.55	1.92	1.92
1.43	1.83	1.97	1.72	1.49	1.81	1.24	1.53	27.68	1.77	1.78	1.59	1.42	1.54
1.49	1.6	1.98	2.16	1.63	1.68	1.28	1.94	2.43	2.25	1.85	1.52	1.31	1.37
1.67	1.75	1.63	2.22	1.59	1.66	1.47	1.4	1.76	1.87	1.54	1.68	1.78	1.82
1.76	1.57	2.17	7.54	2.6	1.83	2.18	1.53	1.42	1.65	1.38	1.75	1.86	1.62
1.7	1.49	4.01	4.22	1.43	2.63	1.84	1.68	5.7	1.66	1.73	2.03	1.49	1.46
1.47	2.21	1.67	1.87	1.74	1.75	1.65	1.45	2.62	2.23	2.02	1.76	1.53	1.59

Percentage of Total Time



Average Ratings

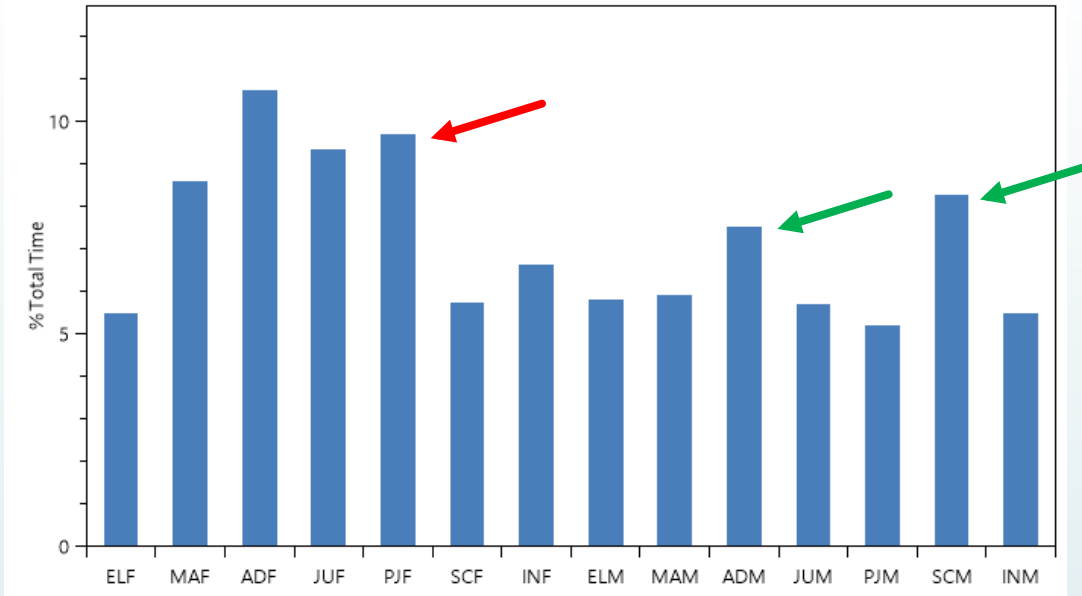


Outlier? Or NOT!

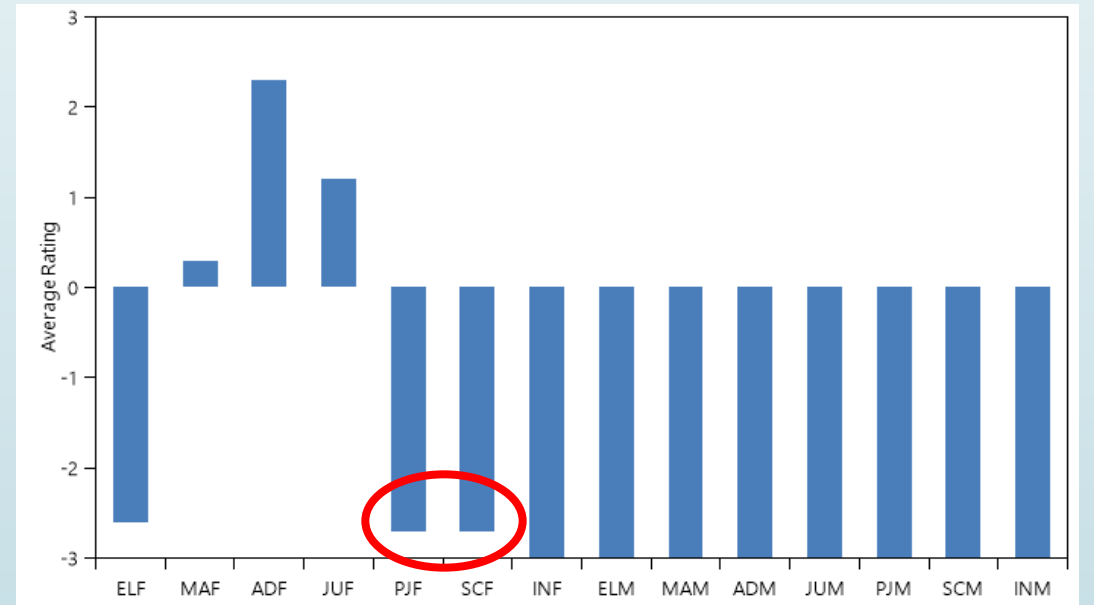
55 year old man
 Sexual Assault: 15 y/o girl
 In treatment 4 year, 9 months:
 Maintenance

ELF	MAF	ADF	JUF	PJF	SCF	INF	ELM	MAM	ADM	JUM	PJM	SCM	INM
1.57	2.49	4.27	5.29	2.45	2.44	2.42	2.62	2.81	2.51	1.61	1.87	2.22	1.94
2.4	3.33	5.03	2.96	11.54	2.61	1.96	2.24	1.87	2	2.56	3.44	2.15	2.02
2.12	6.73	2.39	2.62	7.73	2.42	4.22	1.57	2.41	2.62	2.97	1.76	2.41	1.61
2.35	2.69	2.66	4.11	2.47	2.39	2.46	2.27	3.29	7.64	1.81	1.77	2.12	2.39
1.44	2.49	7.36	2.71	2.62	1.92	2.67	2.12	1.93	1.77	2.44	1.77	2.06	1.89
2.29	4.43	4.67	6.06	2.47	2.02	1.87	2.12	2.51	2.16	1.84	1.94	2.09	2.24
2.27	3.09	4.48	2.89	1.96	1.76	1.84	2.39	2.22	2.27	2.62	2.01	11.69	2.44
1.77	2.92	2.98	3.04	2.31	2.49	2.26	2.32	2.09	2.31	2.46	2.24	2.46	2.07
2.69	2.33	3.39	3.04	1.88	2.18	2.86	2.71	1.82	2.87	1.69	1.5	2.64	2.34
2.21	2.53	3.97	3.16	1.92	1.86	2.89	1.91	1.76	2.76	1.87	1.67	1.96	2.11

Percentage of Total Time



Average Ratings

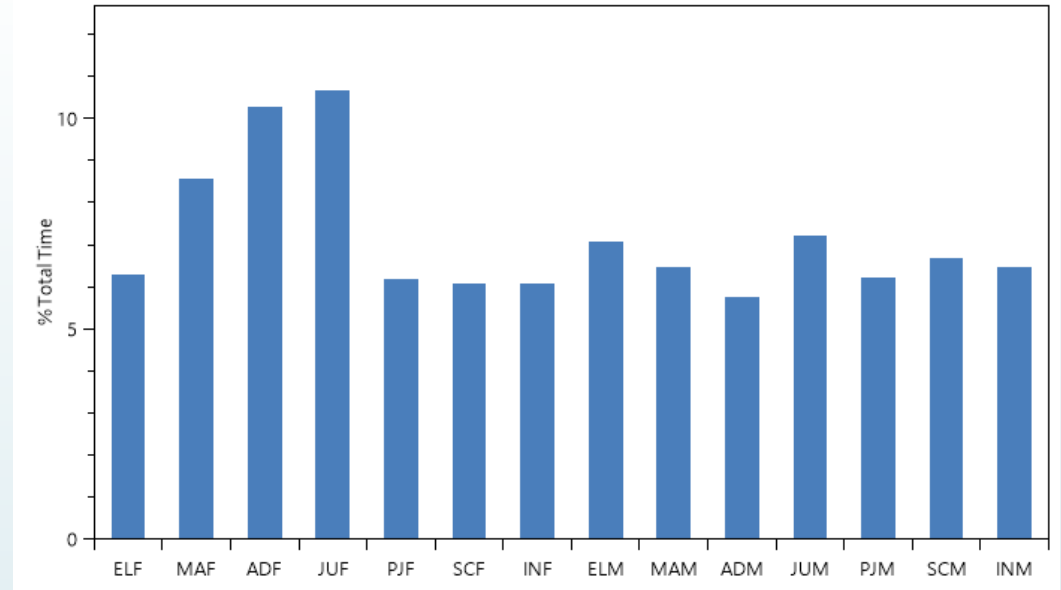


Sexual Interest Sleuth

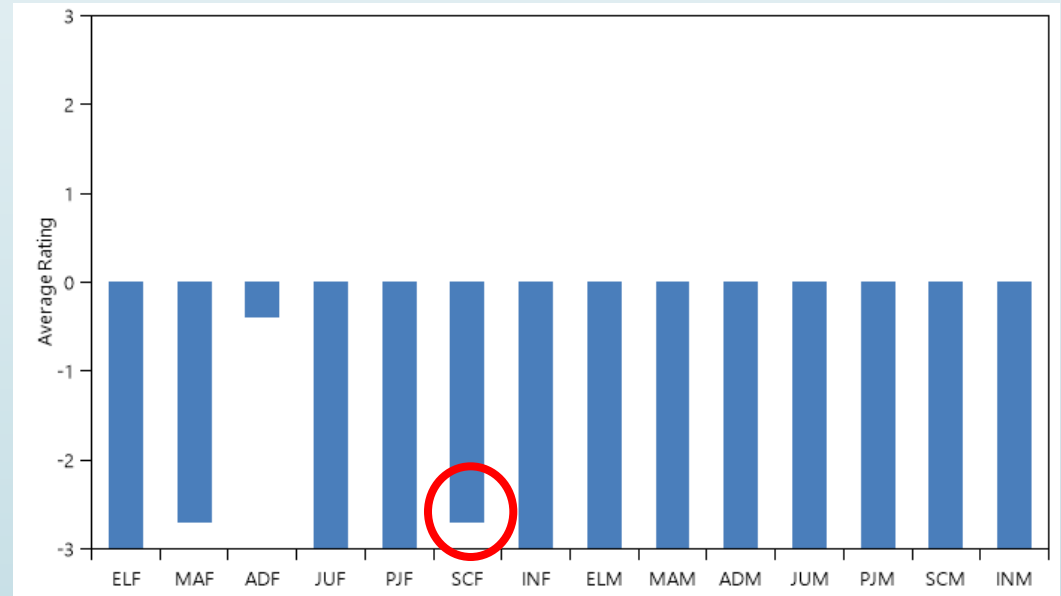
22 year old man
 Contact Offense: 9 year old Female victim
 In treatment 2 years, Maintenance
 Compliant, has passed all polygraphs

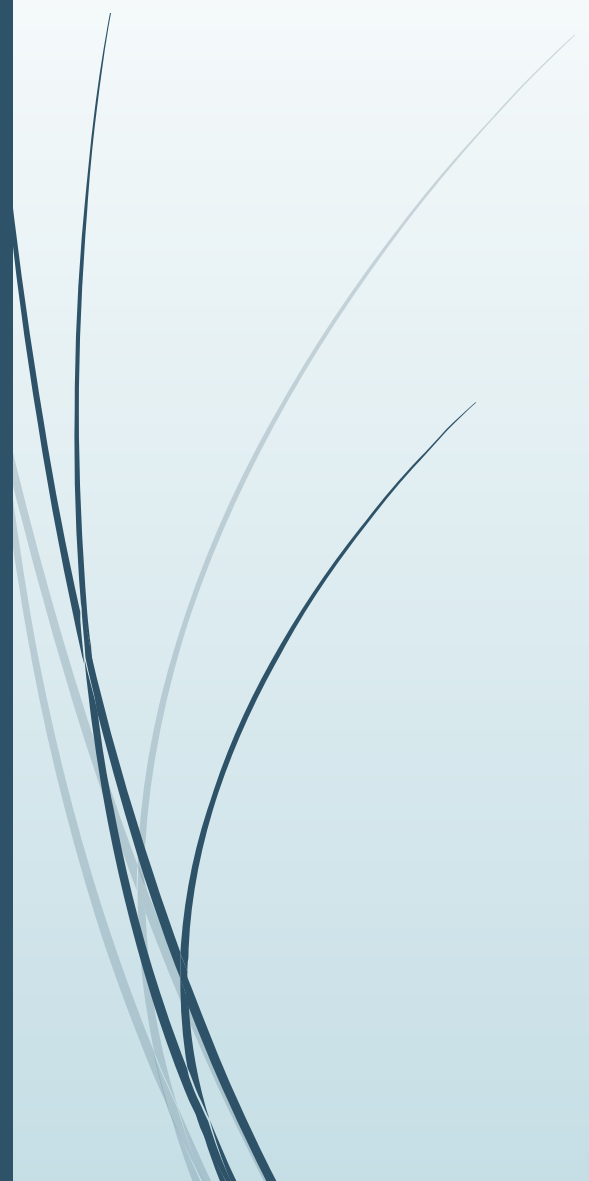
ELF	MAF	ADF	JUF	PJF	SCF	INF	ELM	MAM	ADM	JUM	PJM	SCM	INM
-3	-3	-2	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3
-3	-2	0	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3
-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3
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-3	-3	0	-3	-3	0	-3	-3	-3	-3	-3	-3	-3	-3
-3	-2	0	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3
-3	-3	1	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3

Percentage of Total Time



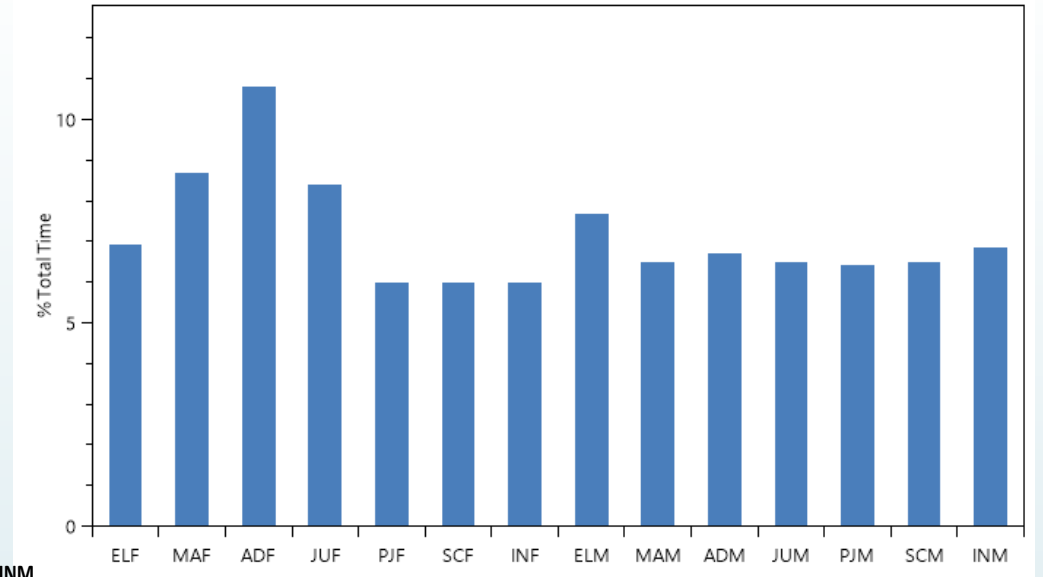
Average Ratings





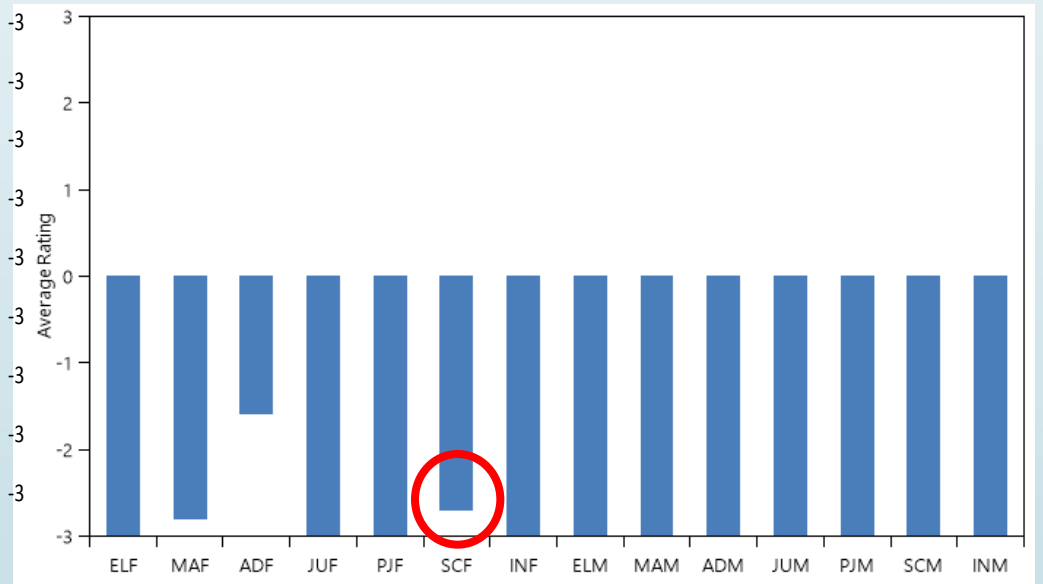
Sleuthing Part 2

Percentage of Total Time



ELF	MAF	ADF	JUF	PJF	SCF	INF	ELM	MAM	ADM	JUM	PJM	SCM	INM
-3	-2	-2	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3
-3	-3	-2	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3
-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3
-3	-2	-2	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3
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-3	-3	0	-3	-3	0	-3	-3	-3	-3	-3	-3	-3	-3
-3	-3	0	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3	-3

Average Ratings







Treatment: Expected / Typical Profiles

- Explain results
 - Compare, Contrast, and Validate with sex history information
 - If profile suggests homosexual/ bisexual, is client aware of this?
- If victim category is within sexual interest category
 - Sexual interest is not a treatment topic
 - Boundary violations, respect law
- If victim category is outside of sexual interest category
 - Dialogue w/client how offending thought/ feeling/ behavior can usurp a person's typical desires.
 - Strengthen client's ability to maintain values/ appropriate sexual interest



Treatment: Incongruent Ratings

- Explain results
 - Show the sexual interest profile and client's ratings
 - Inquire regarding the differences
 - Check for accurate data and assessment
- Client trying to “look good”
 - Process being honest
 - Possible shame response
- Client unaware
 - Help client gain insight into sexual interest
 - Could be a risk item to incorporate into treatment planning



Treatment: Problematic/ Risk Profiles

- ▶ Explain results
 - ▶ Compare, Contrast, and Validate with sex history information
- ▶ Develop strong safety planning around high risk situations
- ▶ Arousal Management Techniques
- ▶ If possible, help client diminish or redirect sexual interest
- ▶ Pathway assessment
 - ▶ Risk profiles combined with Approach pathway are double trouble
- ▶ Support client
 - ▶ Possible self worth issues
 - ▶ Shame reaction

Treatment: Flat Profiles

- Explain results
 - Review to assess if client was following directions, may need to retest
- Attempts to thwart test
 - Possible trust/ paranoia issues
 - Try to gain a team approach with client, only trying to help
- Some limited functioning clients are untestable
- Is it possible test is accurate?
 - Some clients have a very fluid sexual interest palette.





Research Study Questions



- ▶ Is there a correlation between offender age and sexual interest age category?
- ▶ Concurrent validity with Affinity
- ▶ Test-retest reliability: Is there temporal stability within 30 minutes of retesting?
- ▶ User and client feedback



Research Study Approach



- ▶ Population of current clients
 - ▶ Age: 19 to 87
 - ▶ Contact and non-contact offenses,
 - ▶ Risk level: Low to High
 - ▶ Time in treatment: 2 months to 6 years
- ▶ Look, Affinity, survey, Look
- ▶ Researchers reviewed and analyzed the output data
 - ▶ Qualitative
 - ▶ Quantitative



Age Correlation: Preliminary Results

- ▶ Used only profiles assessed as Expected/Appropriate
- ▶ Limited number of elderly subjects
- ▶ Mild correlation between age and category, but ADF and JUF category dominates
- ▶ Younger offenders score MAF and ELF as undesirable

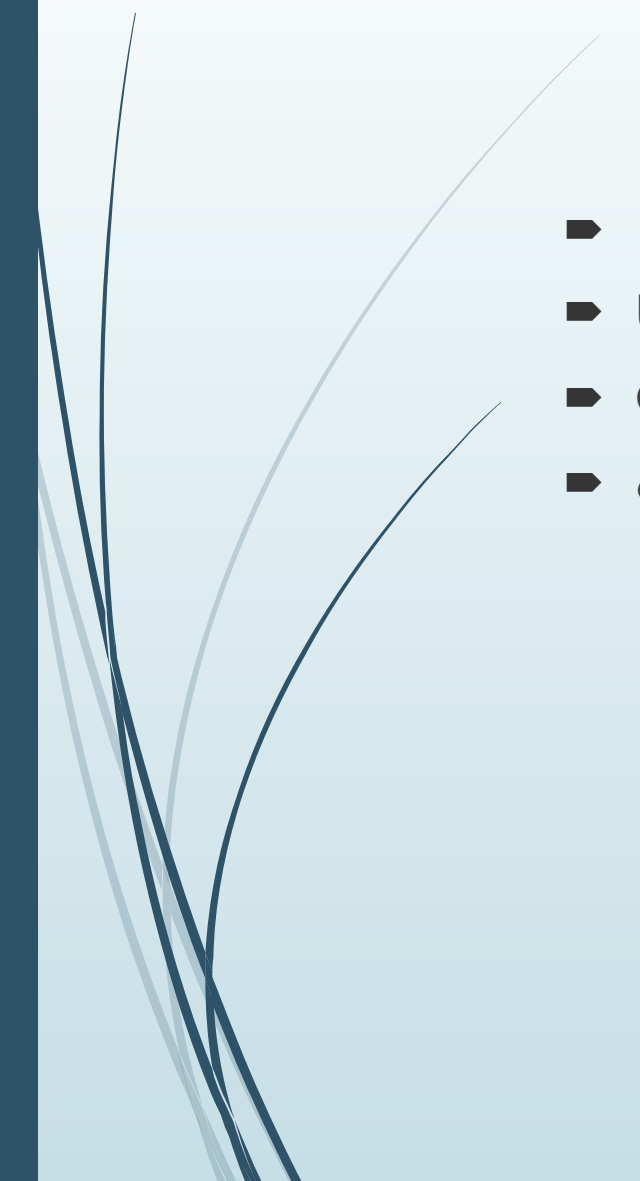


Concurrent Validity Affinity

- ▶ Used qualitative ratings
 - ▶ Compared categories and profiles
 - ▶ 71 to 79% resulted in similar qualitative rating
- 



Temporal Stability: Preliminary Results

- ▶ 15 to 30 minutes between tests
 - ▶ Used qualitative ratings
 - ▶ Compared categories and profiles of two profiles
 - ▶ 65 to 72% resulted in similar qualitative rating
- 



Client Feedback



- ▶ Simple questionnaire to elicit feedback
- ▶ 98% of clients chose the LOOK over the Affinity
- ▶ Images were clearer, more modern
- ▶ iPad Interface was easier to use



User Feedback



- ▶ LOOK is preferred, easier to explain, easier for clients
- ▶ Issues arose regarding log-in
- ▶ Outliers need addressing
- ▶ Would like to have additional statistical data
- ▶ Better training on interpretation
- ▶ LOOK team is responsive to needs of users



Findings/ Conclusions

- ▶ Sexual interest may track person age but if so, only mild correlation
- ▶ Appears the LOOK and Affinity measure similar construct
- ▶ Retesting after 15 to 30 minutes provides similar results (preliminary), offers a good back up to original test
- ▶ LOOK is the preferred tool according to client and user feedback
- ▶ LOOK has some areas for improvement



Questions and Comments

